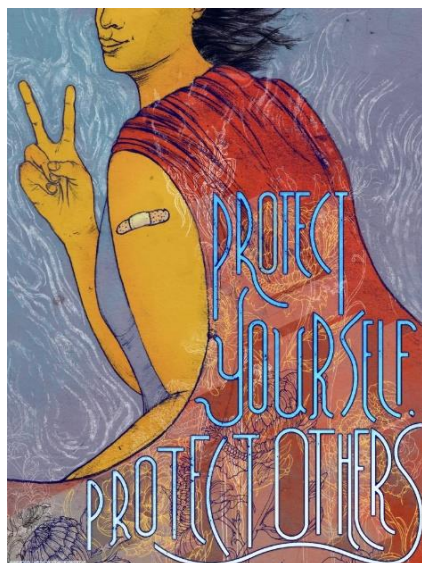


I am thinking about getting the COVID-19 vaccine, but I still have questions.



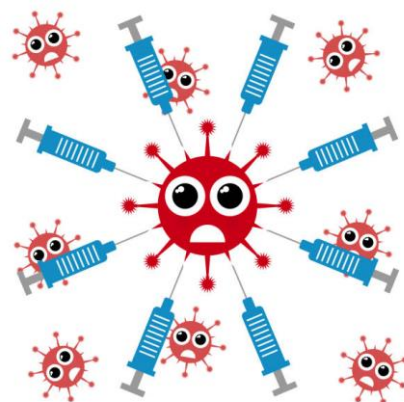
Art by Danmir Mercado, "Protect yourself, Protect others"

Why should I get the vaccine?

- COVID-19 vaccines help keep you from getting very sick from COVID-19.
- Getting the shot can help you safely do the things you enjoy, like spending time with other people, going to work, and going out in the community.
- Getting the COVID-19 vaccine protects you and those you love.
- 99% of all COVID-19 deaths are among unvaccinated individuals

Is the COVID-19 vaccine safe for me?

- Anyone **5 and up** can get the vaccine.
- The COVID-19 vaccines are safe.
- Millions of people in the United States have received the COVID-19 vaccine.
- It is very important for people with disabilities to get the vaccine.
- People with Down syndrome can get very sick from COVID-19. People with certain medical conditions often have to go into a hospital when they get COVID-19.
- Get the vaccine. It is safe. It works. It will keep you out of the hospital. It will protect you from dying from COVID-19.
- Talk to your doctor. Ask any questions about your disability, health condition, or medications. The vaccine is safe for people with disabilities.



Where can I get information I can trust about the COVID-19 vaccines?

You can find more information to answer your specific questions about the COVID-19 vaccine in multiple languages at:

- U.S. Centers for Disease Control: <https://www.cdc.gov/coronavirus/2019-ncov/faq.html>
- Los Angeles County Department of Public Health: <http://www.publichealth.lacounty.gov/media/Coronavirus/>
- California Department of Public Health: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx>
- California Department of Developmental Services: <https://www.dds.ca.gov/corona-virus-information-and-resources/>
- California State Council on Developmental Disabilities: <https://scdd.ca.gov/>
- The [Autistic Self Advocacy Network](#) has great tips on preparing a vaccine game plan and has other easy to read information about the vaccine.
- [THE CONVERSATION / LA CONVERSACIÓN](#) includes videos in English and Spanish from Latinx doctors, nurses, and promotoras (community health workers) answering your questions about the COVID-19 vaccine.
- Dr. Frank Pratt, Medical Director of the Vaccine Preventable Disease Control Program, Los Angeles County Department of Public Health, answers questions about the COVID-19 vaccine. English version: <https://youtu.be/4wj59q1BTbg>
Spanish version: <https://youtu.be/KKXVLgjGPV8>